



Pre-Sedation Instructions

Please plan to arrive 10 minutes prior to your scheduled surgery time to allow for preparatory procedures.

Medical History:

Even though a thorough medical history was taken prior to your initial appointment, it is important that you report any change, illness or drug intake since that time.

Notify the practice should you develop symptoms of a cold, flu, sore throat, or any other illness. The appointment will likely need to be rescheduled to a time when you are feeling better.

It is especially important that any intake of sleeping drugs, hallucinatory drugs, tranquilizers or cortisone be reported.

You must:

- Have a completely empty stomach. It is vitally important that you **DO NOT** eat or drink after midnight the night before morning surgeries, or 8 hours before afternoon surgeries. **(NOT EVEN WATER). To do otherwise can be life threatening!**
- However, if you are taking medications for a chronic health issue such as diabetes, heart disease, hypertension, depression, etc. or if you take aspirin or blood thinning medication, **YOU MUST** contact your physician before your surgery to determine how to proceed with taking your medication prior to surgery.
- Have a responsible adult who can drive you to and from your appointment. This adult must remain in the reception area during the procedure. Since you may be slightly drowsy following the procedure, both you and the person with you will be informed of the post-operative instructions.
- Have a parent or legal guardian present to sign the consent form if you are under the age of 18.

(continued on back)