



Instructions Following Bridge Cementation

We have just cemented a bridge for you and would like you to keep a few things in mind for the future. The involved teeth have been reduced in size in order to make room for the bridge crowns. The nerves inside these teeth may respond to this procedure by becoming sensitive to hot and cold. This sensitivity usually subsides by itself, but it may take several days or weeks to do so. If you are still experiencing heightened sensitivity four weeks following the procedure, please call.

We have adjusted the bridge so that your bite should be correct. The teeth, however, can detect very small changes in the bite. If your bite feels uncomfortable, please call us as soon as possible so that the bridge can be adjusted and the teeth will not become sore.

The material used to cement the bridge to your teeth hardens over several hours. Please do not chew on the bridge for the first 24 hours after it is cemented. This cement holds the bridge on very tightly, but the bridge can come loose if you chew very sticky foods. If the bridge becomes loose or comes off, please call immediately and make an appointment to evaluate appropriate remedies. If the bridge has come off, be sure to bring it with you.

We also recommend that you not chew very hard things, such as ice and hard candy. The excessive force put on porcelain bridges and natural teeth when chewing on these types of things can cause cracks, splitting or other injury.

(continued on back)

